

A Quality Experience



Proficient in several styles of massage, I am able to help a wide variety of patients.

- ▶ Tight Shoulders? Stressed? Back problems? Need to recover from a tough workout? I have years of experience in deep-tissue and therapeutic massage, working with sports teams and athletes, and providing clients with much needed relaxation.

Pain Relief

Recovery

Flexibility

Sports Performance

Relaxation



Joakim Söderbaum

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Fort Worth, TX 76105

Phone: 903-257-8195

Joakim Söderbaum



Professional
Massage

Start feeling better today!

Tel: 903-257-8195

A Patient-Focused Environment

Every person has a different story, which is why I don't believe in a general approach to massage. **You are always in focus** and



will receive the evaluation, treatment, service, and advice that you need in order to start feeling better today. **You can be confident** that you are not just the next customer. The one factor you are likely to share with other clients is stress. That is why I offer to **bring my services to you**; you can receive the treatment and relaxation you need in the comfort of your own home, at the office, or where you work out.

My Credentials

Certification

Declared by the Swedish Massage Advisory Council to be a Certified Masseur (Certificate no. BSM16785).

Experience

- Doctor Referrals
- Athletes
- SPA/Relaxation



Massage

Who is it for?

Massage is for anyone who experiences stress, muscular discomfort or pain, or is recovering from an injury.

What does it do?

- Increases circulation
- Relaxes muscles
- Reduces recovery time
- Decreases pain
- Improves flexibility
- Reduces spasms and cramping

Services Offered

I provide a variety of therapeutic and relaxing massages:

- Swedish Massage (50/25)* - \$60/\$35
- Taiyang Massage (50/25) - \$70/\$40
- Genki Massage (25) - \$40
- Abhyanga Oil Massage (30) - \$40
- Ayurvedish Aroma Massage (60) - \$75
- Shiroabhyanga Massage (25) - \$40
- Sports Massage (As Needed) - Starting at \$30

*Duration of massage in minutes. For more detailed information or to make an appointment, please call 903-257-8195.



The Genki massage is a popular and relaxing Asian hand and foot massage consisting of pressure, stretch, and strokes.

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