

# Intramurals offer a variety of activities

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The Texas Wesleyan intramurals program continually searches for new and enthusiastic participants to join the growing sports teams and activities.

Flag football, PigSkin Pick'em, poker league and frisbee golf make up the list of intramurals – a program that aims to ensure there isn't a dull moment for Wesleyan students this fall.

"Students who don't necessarily play collegiate sports still get the chance to participate in the sports they love to play," said Aaron Whaley, assistant dean of students for campus involvement.

Whaley encourages students to get involved with intramural activities to make college life more adventurous and fulfilling as well as avoiding the risk of sitting inside all day.

"We'd love to have more people sign up and play. With numerous things to do on this

campus, you have to pay attention to the announcements posted so you won't miss out. Check your Ram mail, read the flyers, and come join the fun," he said.

All current Texas Wesleyan students, faculty and staff are eligible to participate in intramural activities.

A participant in flag football himself, Whaley and others – such as head basketball Coach Terry Waldrop and Coach Brennan Shingleton, staff in the business office and Internet technology employees – enjoy participating in intramurals.

"It's great to have the opportunity to play intramurals here at Texas Wesleyan," said Kasey Cantrell, a junior business finance major and participant in flag football. "It is a vital program because it gives students who are not on varsity teams a chance to play and participate in the sports they have always enjoyed playing."

Flag football began Sept. 12 and meets Saturday mornings on Martin Field at 8 a.m. and

noon. Teams this year consist of students from the law school and historical campus.

The sixth annual PigSkin Pick'Em started Sept. 1 with 35-plus students participating.

"By just picking who will win NFL football games, PigSkin Pick'em is the easiest way to earn \$100 on campus," Whaley said.

PigSkin Pick'em participant Oscar Lazarski agrees with Whaley.

"If you're interested in sports, it's an exciting way to get involved and stay motivated," he said. "The incentives are excellent, and I enjoy the competition between staff and students."

The fourth annual Texas Wesleyan Poker League and Club kicked off Sept. 1 and meets in Stella Russell Hall at 7 p.m. Sunday nights to hold its weekly poker tournaments.

As the defending champion, Whaley looks forward to playing against the students every Monday night.

"Not only do winners qual-

ify for the World Series of Poker and a \$200 cash prize, but we have a great time, and everyone looks forward to spending Monday nights together," he said.

With a new course layout currently underway, tournament-style frisbee golf will be Saturdays and Sundays. Frisbee golf league will start in the spring, and the times will be announced in the following weeks.

The new intramural ice hockey team is also looking to add members to join in the excitement. For further information about the hockey team, contact sophomore Jonathan Ayala at ayalasave@yahoo.com.

Whaley is always interested in hearing ideas for new leagues, tournaments or contests.

To sign up and be a part of intramural activities, contact Aaron Whaley in the student life office at (817) 531-4871 or at awhaley@txwes.edu.

# Guide to the Game: Volleyball explained

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Have you ever wondered what's going on in the game or what that crazy fan next to you is yelling yet?

Don't Worry. We have the insider's guide to volleyball so you can learn the rules and lingo of the game and sound like a pro.

Now you will be able to cheer and yell at the volleyball game and know what you're talking about. Get out there, join the excitement, and cheer on your Rams!

the ball has to be played back to the opponents' side.

Player may not contact ball twice in succession.

A block is not considered a hit.

Ball may be played off the net during a volley and on serve.

Ball touching a boundary line is good.

Legal hit: contact with the ball by player's body above the waist without the ball coming to a rest.

Switching positions only allowed between front line players after the serve.

### The Serve

Before contact, server must serve from behind the restraining line (end line).

Serve may be underhand or overhand.

Ball must be clearly visible to opponents before serve.

Served ball may graze the net and drop to the other side for point.

First game serve is determined by a coin flip, each subsequent shall be served by the previous game loser.

No setting, attacking or blocking a serve.

### The Score

Rally scoring is used. Point scored on every dead ball.

Team scores on an opponent miss or hit out of bounds, or serve into the net.

Defense scores on an offensive miss, out of bounds hit or serve into the net.

Every game is played to 25 points. A match is won best 3 out of 5 games.

A game must be won by at least 2 points.

### The Rotation

Team rotates each time they win the serve.

Players rotate clockwise. 6 players on each side.

Positions: Setters, Liberos (defensive specialist), middle blocker, outside hitter, opposite hitter.

### The Play

Max of 3 hits per side before

### Volleyball Lingo Explained

"Ace"

When the ball is served to the other team and no one touches it.

"Dig"

When a player prevents the ball from touching the court after a spike or attack.

"Kill"

When a team spikes the ball and it either ends in a point or a sideout.

"Roof"

When a player jumps above the height of the net and blocks the ball.

"Sideout"

When the team that served the ball makes a mistake, causing the ball to go to the other team.

"Stuff"

When a player jumps about the height of the net, blocks the ball, and the ball goes back at the person who attacked (spiked) the ball.

"Facial"

When a defending player gets hit in the face with the ball.

"Fishing"

When a player makes illegal contact with the net.

"Spike"

When an offensive player attacks the ball with a one-arm motion done over the head, attempting to get a kill.

"Shank"

When a player has a bad bump or pass that is unplayable.

7-7 Flag Football Schedule/Standings							
Results Week 1		Standings					
		Name	Wins	Loses	TP Scored	TP Against	Byes
Pickles vs. 1 L's	48-6	Pickles	2	0	93	18	0
Pickles vs. TapOut	45-12	BOHICA	2	0	14	0	0
TapOut vs. 1 L's	35-12	TapOut	1	1	47	57	0
BOHICA vs. Pink Dragons	7-0	Twisters	1	1	7	7	0
BOHICA vs. Twisters	7-0	1 L's	0	2	18	83	0
Twisters vs. Pink Dragons	7-0	Pink Dragons	0	2	0	14	0

## The Weekly Sports Quote

"We will turn this team around 360 degrees."

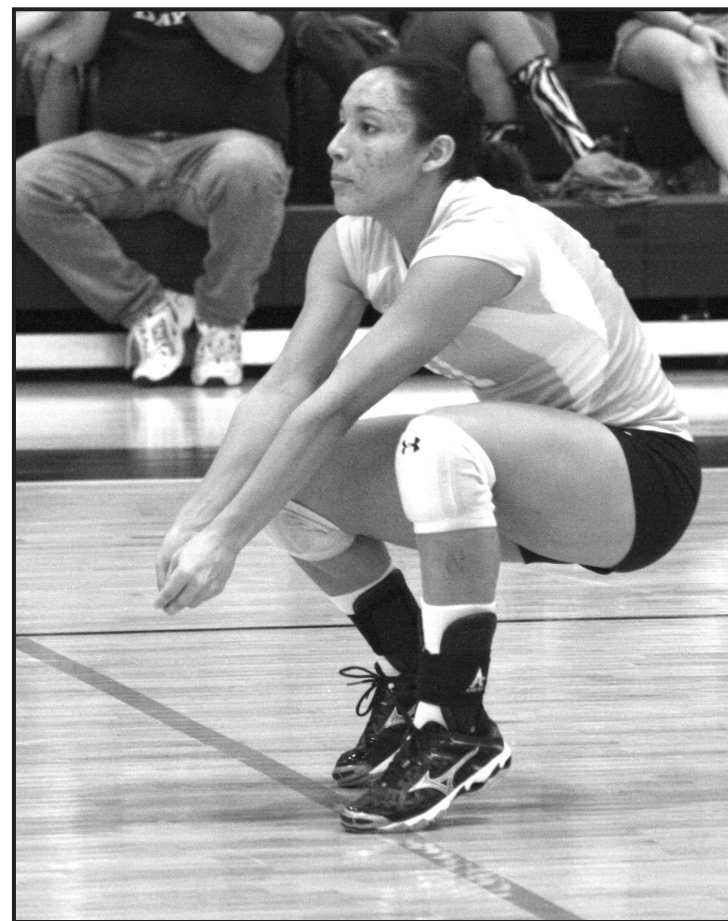
Jason Kidd  
Dallas Mavericks

## Fantasy Football Pig Skin Pick'Em Leaderboard

Name	Pts.
Jeremy Newton	15
June Johnson	15
Ryan Amador	14
Oscar Lazarki	14
Terry Waldrop	14
Jason Simpson	14
Michael Chaney	14
Rachel Loftin	13
Phillip Blockinger	13
Michael Greer	13
Fabiola Duron	13
Sandy Gonzalez	13

## Wesleyan Week-in-Sports

- The Rams Soccer team (7-1) split a pair of games in Oklahoma this weekend. They suffered a 2-0 loss at University of Science and Arts but bounced right back, beating St. Gregory's University 3-1.
- Lady Rams Soccer (6-2) lost 5-0 at University of Science and Arts before collecting a 2-0 win at St. Gregory's University.
- The Lady Rams Volleyball team hosted the Wesleyan-Hughes Classic Sept. 18-19. The Lady Rams (5-9) defeated Belhaven 3-0 but suffered losses to Oklahoma Baptist (3-1), John Brown (2-3) and College of the Ozarks (1-3).



Courtesy of the athletic department Senior Lauren Hinojos executes a dig.

Upcoming Sports		
	Game	Time/Place
<b>Friday</b>	Volleyball vs. Wiley College	7 p.m. Sid W. Rich.
<b>Saturday</b>	Volleyball vs. Jarvis Christian C. Women's Soccer vs. John Brown U. Volleyball vs. Texas College Men's Soccer vs. John Brown U.	11 a.m. Sid W. Rich. 1 p.m. Siloam Springs 2 p.m. Sid W. Rich. 3 p.m. Siloam Springs
<b>Monday &amp; Tuesday</b>	Golf at. Rattler Invitational	Pecan Valley GC San Antonio

# Guess what we did on summer vacation?



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